

ALCHEMY[™] The Art and Science of Co-facilitation



Overview

Based on the ORSC model, Alchemy is a three-day course designed for pairs that: co-facilitate, co-train, co-present or co-coach, to teach you how to co deliver a program to a group

This is also a course that teaches how to create experiential learning workshops.

Have you ever left a workshop feeling uplifted and inspired? How about ready, able and excited to implement what you have learned? Creating that kind of impact is what Alchemy is all about.

Magical co-facilitation doesn't just happen. Knowing how to mix science and systems theory with verve and vitality gives you and your partner the power to create and deliver great programmes together.

Alchemy is for facilitators who want to "up their game." You will incorporate the latest from systems and adult learning theories plus tips from neuroscience into your repertoire. And you will learn how to deliver seamlessly and in-sync with your partner.

The focus is on co-delivery. The dynamic of two people facilitating well together creates a deep connection with participants and a sense of energy and safety that support learning that sticks.

Master your impact on participants and their learning

- Charm participants to enhance their success
- \circ Model intended behaviours as you are teaching them
- Set or change the energy and pace consciously and intentionally
- Craft clever transitions when moving from one section to another

• Create workshops that include the learners input

Create chemistry with your cofacilitator & deliver experiential courses

- Align so you can deliver together seamlessly even if you have just met
- $\circ~$ Be aware of and receptive to your co-facilitator and how this impacts the group
- Make each other shine even when you disagree
- Help learners see your co-facilitator's brilliant demonstration of what you are teaching

"This course deeply explores the concept of The Third Entity™ as coach, and allowed us to enhance our understanding of what makes a successful facilitator a powerful coleader

We've been business partners for years and the Alchemy course has brought our partnership to a new level. We highly recommend it to anyone who is called upon to work in tandem with another professional to lead, train, coach, counsel or facilitate."

~Shekinah Shepherd & Mike Dorman



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Apply adult learning theory and neuroscience

- Ensure the learning sticks by setting participants up for success
- Point participants' attention to what you want them to learn
- Give generous and incisive feedback
- Have fluid, meaningful debriefs that cement this new learning

Have easy command instead of a regimented power and control style of teaching

- Create Experiential workshops
- Create learning from your participants, rather than only delivering from your timeline - Shift from focusing on your agenda to focusing on what your learners need
- Trust yourself so you can tear up your script and respond to what's needed in the moment
- Create more of you intended learning by working with what's in the room

Course Outcomes

- Together with your partner learn to shift your attention from yourselves as individuals, to the power of your Third Entity, so that this may deliver the course
- $\circ\,$ Learn that it is your partnership that delivers the course not YOU
- $\circ\,$ Learn the strengths and edges of who you are in partnership.
- Naturally deepen your connection and range as you lean into your relationship.
- Learn how to create more safety, trust and permission so your relationship can really fly rather than be merely "safe" and uninspiring.
- Walk away with tools to support and create a wise, dynamic partnership that is bold, resilient and committed to delivering value to the client.

Alchemy Leaders

Judy van Zon, MSc, PCC Lori Shook , ORSCC, MCC

Lori Shook has been a certified professional coach since 1997, has held the prestigious designation of Master Certified Coach (MCC) from the International Coach Federation since 2001 and has been training coaches since 1998. She is one of the creators of the Alchemy Course

Judy is a senior faculty member at CRR Global and is the Director of Certification at CRR Global. Judy has been co leading and delivering the ORSC program courses internationally for over 10 years

Alchemy Designers:

Jim Patterson MCC, CPCC Lori Shook MCC, CPCC

Jim and Lori are well known for their powerful, creative relationship and their abilities as trainers and course leaders. They designed the Alchemy workshop in collaboration with Faith Fuller and Marita Fridjhon, the founders of CRRGlobal and the ORSC[™] model.

UPCOMING VIRTUAL TRAINING DATES June 3 -5 , 2022

Find out more about Alchemy on the link below <u>https://www.shooksvensen.com/alchemy/</u>

REGISTER TODAY!

Email us at *info@berlotgroup.com* for more information or call us on +971 4 4569522

16.5 ICF CCEUs

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