



# ORSC™ Systems Integration : Moving Towards Mastery



## Overview

Systems Coaching Integration: Moving Toward Mastery is the final course in the organisation and Relationship Systems Coaching™ curriculum. This three-day advanced course provides a learning space where you can deepen and hone the skills of organisation and Relationship Systems Coaching™.

This course integrates the dimensions of Intelligence, Geography, and Path through hands-on practice, group supervision, a deepened understanding of the underpinning of the model and practice, practice, practice.

## Worldwork MetaSkills

As participants move from coaching individuals and pairs to groups and organisations, they are embarking on a path to Worldwork--impacting the consciousness of the world through their actions. This transition requires a new set of MetaSkills to which students will be introduced, including: Non-attachment, Energetic Awareness, Disturbance as Ally, Meta View, Crazy Wisdom, Service and Deep Democracy.

Worldwork is a state of being as well as doing. Working with groups can be challenging, requiring coaches and consultants to manage their own feelings, be aware of individual interactions and monitor emotional fields, all while maintaining awareness of the entire system. Your ability to “hold it all” will improve if you can maintain a stance in the midst of the storm.

## Group Coaching

Group coaching occurs when a coach or consultant engages with more than two people. The skills and tools used in the Deep Democracy process transfers perfectly to group coaching. The stages of this process, which you’ll learn in Systems Integration, include: Filtering/Sorting, Gaining Consensus, Identifying Roles and Ghost Roles, Locating Edges and Hot Spots, Escalation and De-escalation, and finally Temporary Resolution.

*“Thanks to Systems Integration (my favorite course in the ORSC series), I now have specific relationship systems tools and skills and am fluent in their use.*

*I especially appreciated getting the time to practice and play with most of them in this course. I feel so confident in their application!”*

*Nidhi Gupta, CPCC, TCI  
President, Global Visions Coaching*



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## Course Objectives

The Systems Integration course is designed to help students practice individual tools, combine skillsets to meet a variety of scenarios and master MetaSkills.

- o Deepen your understanding of the relationship dimensions of Relationship Intelligence, System Geography and Relationship Path and their different contributions to organisation and Relationship Systems Coaching.
- o Practice integrating the skills and tools of Relationship Intelligence, System Geography and Relationship Path so that these can be utilized fluidly and flexibly as the situation demands.
- o Increase your confidence as an organisation and Relationship Systems coach, consultant, therapist or counsellor.
- o Add new practical tools and skills to your coaching toolkit.
- o Receive additional training in group coaching.
- o Practice, practice, practice!
- o Create community and have fun!



*Systems Integration is the course that “brings it all together,” allowing coaches, trainers and facilitators to practice in a safe environment while being carefully supervised and coached by instructors and peers.*

## ICF Accredited

ORSC is the only ICF accredited relationship systems-based training for coaches, consultants, trainers and therapists.

*“I can never be what I ought to be until you are what you ought to be; and you can never be what you ought to be until I am what I ought to be.  
This is the inter-related structure of reality.”*

*Martin Luther King, Jr.*

## UPCOMING TRAINING DATES IN DUBAI

*6-8 December 2018*

## REGISTER TODAY!

Email us at [info@berlotgroup.com](mailto:info@berlotgroup.com) for more information or call us on +971 4 4569522



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## Agenda

### Day One

- 10:00 Shambhala Bow Greeting
- 10:15 Worldwork MetaSkill Wheel Discussion
- 10:30 Worldwork MetaSkill Wheel Exercise
- 11:15 Logistics
- 11:30 Learning Groups around Dimensions Exercise
- 11:45 Integration Exercise
- 12:45 Lunch
- 2:00 Review Relationship Systems Coaching Tracking Sheet
- 2:15 Debrief
- 2:30 Coaching Scenarios in Triads
- 3:30 Large Group Debrief
- 3:45 Break
- 4:00 Intelligence Review & Coaching Exercise in Triads
- 4:30 Geography Review & Coaching Exercise in Triads
- 5:00 Path Review & Coaching Exercise in Triads
- 5:30 Large Group Debrief
- 5:45 Homework
- 6:00 Adjourn

### Day Two

- 9:00 Homework Debrief in Triads
- 10:15 Cheerful Chaos MetaSkill Exercise
- 10:30 Review Large Groups Skills in Dimensions
- 10:30 Systems Entry Discussion
- 11:00 Team Coaching Exercise in Triads
- 11:15 Break
- 11:30 Organizational Coaching Interview Practice
- 11:45 Review Strengths and Challenges
- 12:00 Brainstorm Interventions
- 12:15 Intervention Coaching Practice
- 1:00 Lunch
- 2:15 A Great Wind Blows Exercise
- 2:45 Team Coaching Practice
- 3:00 Interview Practice
- 3:30 Brainstorm Strengths and Challenges
- 3:45 Group Coaching Scenario Practice
- 4:45 Homework Assignments
- 5:00 Adjourn



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### Day Three

- 9:00 Homework Debrief
- 9:30 Embedded Issues Discussion
- 9:45 Embedded Issues Exercise
- 10:15 Brainstorm Approaches
- 10:45 Break
- 11:00 Integration Coaching Practice in Triads
- 11:45 Debrief
- 12:00 Lunch
- 1:30 Review Worldwork and Community Building
- 2:30 Debrief
- 2:45 Break
- 3:00 Closing Discussion for Learning Groups
- 3:30 Appreciation Seat Activity
- 4:15 Closing Exercise
- 5:00 Adjourn