



# Organization & Relationship Systems at Work



#### **Overview**

Constant change is the new norm. Thanks to the internet which facilitates global collaboration 24/7, work that was once performed by individuals is now being tasked to teams. The increase in numbers of knowledge workers who must share information, insights, learning and best practices in order for companies to succeed, further stresses communication channels.

So how can organisations create a work environment that supports complex human interactions, embraces conflict, retains valuable knowledge workers and change at the speed of light while remaining profitable and productive?

## Relationship Systems IntelligenceTM

Beyond Emotional Intelligence (relationship with oneself), and Social Intelligence (relationship with other) lies Relationship Systems Intelligence, where the focus is on the collective wisdom of the group, team or system.

This approach has been effectively applied in family and marital therapy for decades, and is now being brought into the realm of work teams and organisations with positive results.

In this two-day course, you will leverage Relationship Systems Intelligence to tackle some of the common ailments that plague work environments:

- Δ Ineffective or toxic communication
- Δ Low team morale or burnout
- Δ Conflict avoidance and non-resolution
- Δ Lack of creativity and productivity
- △ Confusion about roles on a team
- Δ Intercultural issues in a multicultural team







Social Intelligence



**Relationship Systems Intelligence** 







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### **Outcomes from the Course**

- Δ You will be better equipped to handle mergers, acquisitions, downsizing and growth.
- $\Delta$  Your teams will be more resilient, positive and fearless in the face of conflict.
- $\Delta$  Individuals will be more engaged, inspired and adept at navigating politically-charged situations.
- Δ You'll feel greater confidence engaging entire teams and organizations in development initiatives.

#### Who should take this course?

- $\Delta$  Organizational leaders, managers, HR professionals and team supervisors.
- $\Delta$  OD consultants, financial planners or anyone who relies upon relationships to drive their business.
- Δ Personal, executive and organisational coaches who will benefit from an effective relationship systems approach to working with groups.
- Δ Experienced coaches who want to develop a new market niche—coaching relationship systems in their industry of choice.

### **ICF** Accredited

Organisation & Relationship Systems at Work is the first course in an ICF Accredited Coach Training Programme. ORSC is the only ICF accredited relationship systems-based training for leaders, managers, coaches, consultants, trainers and OD specialists.

Relationship Systems Intelligence focuses on the entire group, team, organization or partnership. Mastering the skills to access that intelligence will exponentially increase your impact on groups.



"I have completed four coach training programmes, taken emotional intelligence certification and change management training and yet it is the Relationship Systems tools and models I learned from CRR Global that always come to the forefront of my work with my clients, whether we're tackling a large scale organisational change or I'm engaged in one-on-one coaching with an executive or business owner."

- Jackie Lauer President & Senior Consultant Axletree Consulting

UPCOMING TRAINING DATES IN DUBAI

17-18 April 2020 - Tentatively Postpone to 19-29 June 2020

#### **REGISTER TODAY!**

Email us at *info@berlotgroup.com* for more information or call us on +971 4 4569522





Coaching Teams . Changing Cultures



# ORSC™ Fundamentals of Relationship Systems

# **Agenda**

	Day C	ay One		Day Two	
	9:00	Welcome and Opening Exercise	9:00	Welcome and Homework Learning Debrief	
	9:30	Introductions and Logistics Participants are urged to adopt a "beginners' mind," as they move through the course.	9:45	Alignment Coaching Demonstration	
			10:20	Break	
	9:45	Review 3 Types of Intelligence and MetaSkills Emotional Intelligence, Social Intelligence and Relationship Systems Intelligence.	10:35	Practice Alignment Coaching Participants break into triads to practice tactics of alignment coaching including ventilating the emotional field, naming common interests and	
	10:00	Enquiry/Awareness Dyad on Relationships		putting issues out in front.	
	10:20	Break	12:00	Discuss Four Horsemen of Bad Communication	
	10:35	Review the Cornerstones of ORSC	12:30	Lunch	
	12:15	Lunch	1:50	Large Group Discussion	
	01:30 03:30	Practice the process of onboarding a new client/relationship and creating alignment around the coaching alliance.  Break	2:15	Review MetaSkills Authority and Fascination	
			2:35	Informal Constellation Demonstration	
			3:20	Break	
			F	Student-Led Informal Constellations Exercise Practice using a visual representation of a system's positions on a certain topic in your coaching.	
	03:45				
	04:00	Explore "Relationship Myth"	4:20	Closing Exercise	
	04:45	Homework	5:00	Adjourn	



05:00 Adjourn





## Organization Relationship Systems at Work Agenda

## **Learning Objectives**

- o Develop ability to see the entire relationship system as well as the individuals within it.
- o Understand the three types of intelligence: Emotional Intelligence, Social Intelligence and Relationship Systems Intelligence.
- o Practice the MetaSkills of Enquiry/Awareness, and Deep Democracy.
- Coach a Third Entity of a relationship system.
- Learn how to reveal the system to itself.
- Know how to read an emotional field.
- o Have a clear model for developing Designed Partnership Alliances with clients.
- o Know the distinction between coaching and therapy. Know how to access the "voice of the system."
- o Understand when to use the "Relationship Myth" tool in your coaching.
- o Explore the concept of the "Disappointed Dream." Practice Alignment Coaching.
- o Study the Four Horsemen of Bad Communication, and learn coaching tactics to address them.
- o Learn how to use "Constellations" to access the voice of the system in real-time.