



# ALCHEMY™ The Art and Science of Co-facilitation



## Overview

Have you ever left a workshop feeling uplifted and inspired? How about ready, able and excited to implement what you have learned? Creating that kind of impact is what Alchemy is all about.

Magical co-facilitation doesn't just happen. But knowing how to mix science and systems theory with verve and vitality gives you and your partner the power to create and deliver great programmes together.

Alchemy is for facilitators who want to "up their game." You will incorporate the latest from systems and adult learning theories plus tips from neuroscience into your repertoire. And you will learn how to deliver seamlessly and in-sync with your partner.

The focus is on co-delivery. The dynamic of two people facilitating well together creates a deep connection with participants and a sense of energy and safety that support learning that sticks.

## Create chemistry with your co-facilitator

- Align so you can deliver together seamlessly - even if you have just met
- Be aware of and receptive to your co-facilitator and the energy of the group
- Make each other shine - even when you disagree
- Help learners see your co-facilitator's brilliant demonstration of what you are teaching

## Master your impact on participants and their learning

- Charm participants to enhance their success
- Model intended behaviours as you are teaching them
- Set or change the energy and pace consciously and intentionally
- Craft clever transitions when moving from one section to another

*"This course allowed us to enhance our understanding of what makes a successful facilitator a powerful co-leader."*

*We've been business partners for years and the Alchemy course has brought our partnership to a new level. We highly recommend it to anyone who is called upon to work in tandem with another professional to lead, train, coach, counsel or facilitate."*

*~Shekinah Shepherd & Mike Dorman*



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## Apply adult learning theory and neuroscience

- ◇ Ensure the learning sticks by setting participants up for success
- ◇ Point participants' attention to what you want them to learn
- ◇ Give generous and incisive feedback
- ◇ Have fluid, meaningful debriefs that cement this new learning

## Have easy command instead of a regimented power and control style of teaching

- ◇ Shift from focusing on your agenda to focusing on what your learners need
- ◇ Trust yourself so you can tear up your script and respond to what's needed in the moment
- ◇ Create more of your intended learning by working with what's in the room

## Course Outcomes

- ◇ Learn to shift your attention from yourselves as individuals, to the power of your relationship.
- ◇ Learn the strengths and edges of who you are in partnership.
- ◇ Naturally deepen your connection and range as you lean into your relationship.
- ◇ Learn how to create more safety, trust and permission so your relationship can really fly rather than be merely "safe" and uninspiring.
- ◇ Walk away with tools to support and create a wise, dynamic partnership that is bold, resilient and committed to delivering value to the client.

### *Alchemy Leaders*

*Lori Shook MCC, CPCC*

*Özlem Kıyat Berber, PCC, CPCC*

*Lori is one of the Alchemy course designers and Özlem was an early adopter of the Alchemy approach.*

*Lori is on faculty of CRR Global in addition to running her own training and coaching business.*

*Özlem has been co-leading CTI courses since 2012, she delivers the Parentology program and has a background in advertising and communications.*

### Alchemy Designers:

*Jim Patterson MCC, CPCC*

*Lori Shook MCC, CPCC*

Jim and Lori are well known for their powerful, creative relationship and their abilities as trainers and course leaders. They designed the Alchemy workshop in collaboration with Faith Fuller and Marita Fridjhon, the founders of CRRGlobal and the ORSC™ model.

**UPCOMING TRAINING DATES IN DUBAI**

**TBC**

**REGISTER TODAY!**

Email us at [info@berlotgroup.com](mailto:info@berlotgroup.com) for more information or call us on +971 4 4569522